

SAFARI WILD CO.

MAPESU
HERITAGE
SLEEP
OUT



Location

Mapesu Private Game Reserve

- **Free Roaming Big 5 Game Reserve and Other Iconic Species Such As Cheetah, Wild Dog, Spotted and Brown Hyaena**
- **Wide Variety of Fauna & Flora, Including heritage sites**
- **Beautiful Rolling Hills surrounded by Mopane Woodland**
- **Located next to Mapungubwe NP, World Heritage Site**



Led by experienced and highly regarded trail guides with thousands of hours spent on foot in the wilderness, this immersive experience offers a night under the stars within the breathtaking Mapesu Wilderness.

Enjoy the peace and tranquillity of the bush while exploring the surrounding landscapes and ancient heritage sites dating back thousands of years. As evening falls, camp is set up in a carefully selected location, allowing guests to experience the unforgettable sounds and atmosphere of the African wilderness at night.

Our knowledgeable guides are dedicated to making your time on trail both informative and deeply rewarding, ensuring a memorable and enriching wilderness experience.

On trail, each participant will be responsible for their own catering and supplies which will be needed for the one night and 2 half days of walking in the bush. A water drop will be provided by the guides at the given campsite, allowing participants to refill bottles for the night and the next day's walk.

Setting up camp (no tents), the idea is to leave no trace and be as eco-friendly as possible. A campfire will be ignited at the camp site, however all cooking must be done on the participant's own gas burner. The campfire will be minimal and will only be lit for comfort and extra light throughout the course of the night. Each participant will have the opportunity to conduct an hour of night watch, meaning that you will be the eyes and ears of the group.

Candidates are responsible for their own food on the trail: 1 dinner, 1 breakfast and any additional snacks.

The trail will start just after lunch, therefore the only meal to cater for on day one would be dinner and potentially some evening snacks. The following day you will require breakfast and snacks, as we will be returning back to our end point just before lunch. On the trail there is a no alcohol policy for safety reasons.



The terrain is generally manageable and easy to navigate; however, durable, comfortable, and well-worn footwear is essential. Appropriate clothing is equally important and should be selected according to the season. During winter months, warm clothing — particularly for the evenings and early mornings — is strongly recommended.

Planning for a 24-hour wilderness experience can be challenging, and participants are advised to pack lightly, bringing only the essentials required for one overnight stay and a single day's hike. Please keep in mind that you will be responsible for carrying your own backpack throughout the trail.

Essential items include a hat, sunscreen, and insect repellent. Participants are welcome to carry a pocket knife and/or multitool if desired; however, personal firearms are strictly prohibited on the trail.

Our guides will carry comprehensive first-aid kits for emergency situations, although participants are encouraged to bring their own personal medical supplies where necessary. In the event of a serious injury or emergency, all trails are monitored by location, and the guides will coordinate the appropriate response procedures.

Ablution facilities are intentionally primitive to maintain the authentic wilderness experience. Guides will provide a bucket shower system, suspended from a tree, offering participants the opportunity to enjoy a refreshing cold shower. Toilet paper will be supplied; however, participants may prefer to bring their own. In keeping with responsible wilderness practices and a strict "leave no trace" ethic, all human waste must be properly covered, and used toilet paper must be burned and mixed into the soil to minimise environmental impact.

CHECK LIST

- Hat
- Sunscreen
- Insect repellent
- Hiking shoes (worn in)
- Gaiters
- Socks + additional pair
- Shorts (Summer)
- Trousers (Winter)
- Hiking/Bush clothing (Neutral colours)
- Backpack (40-50litres preferably)
- Mini Gas burner
- Pocket knife/multitool
- Stainless steel cooking pot, plate/bowl and mug
- Camping cutlery
- Lighter
- Sleeping bag
- Sleeping mattress
- Bivy
- Paracord (optional)
- Flashlight / headlamp
- Food - snacks, breakfast and dinner
- Camping towel/face towel
- Light weight camping chair (optional)
- Ziplock bags
- Toilet paper
- Tooth brush and toothpaste
- Binoculars (optional)

*** Bivy Bags & Yoga Style Sleeping Mattresses Hire available (limited)**



FOOD & DRINK

A challenging aspect of the trail is to master the ability to cater for yourself for the duration of 24hrs out on trail. All cooking must be done on the participants gas burner (cooking on the camp fire will not be permitted). The camp fire will be minimal and it will serve its purpose for light, warmth and security at night. The idea is to be as eco friendly as possible. Each participant must provide their own cooking pot to place on the gas burner in order to cook meals.

Packaging is also a factor which the participant should take into consideration. All litter, i.e. empty plastic packets and wrappers, tins etc must all be carried out the reserve after use. Cooking and meal suggestions are listed below:

- 2 minute Noodles
- Biltong
- Salticrax/Provitas
- Rat packs (Army meals)
- Nuts
- Oats
- Fruit (remember apple pits and peels can not be disposed in the bush)
- Cream cheese/Babybel
- Energy/Protein bars
- Tinned food (tuna, chicken etc.)
- Coffee, tea and juice sachets
- Rehydrate sachets

Water drops will be provided by the guides at the camping site to fill up water bladders and bottles.





Additional Info

- Meeting Point on Day One | Mopane Lodge - Mapesu Private Game Reserve at 13:00
- End Time | 11:00 back at Mopane Lodge for 12:00
- Vehicles can be left at Mopane Lodge during the duration of the Trail.

The group size is limited to min 4 - max 8 people on each trail. This allows for better personal experiences and full natural engagement.

1 night Heritage Backpack Trail Rate | ZAR 2 250pp
Conservation Levy included

Book Your Spot:
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More Exciting Trails Available Soon!

